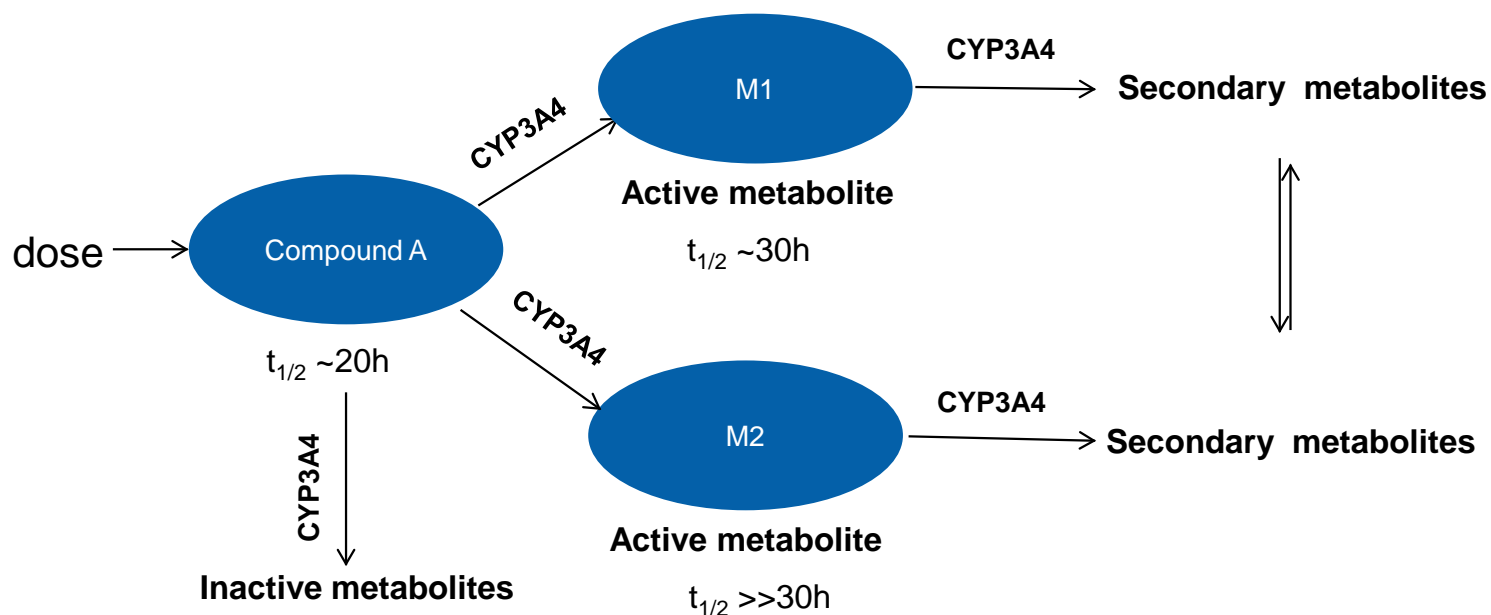


Biomarkers of CYP3A activity:  
What have we learned and are we  
ready to utilize biomarkers to  
replace clinical DDI studies?

Perspectives and case examples  
from industry

**Helen Gu**  
**Pharmacokinetic Sciences**  
**Novartis Institute for Biomedical Research**  
**East Hanover, NJ**

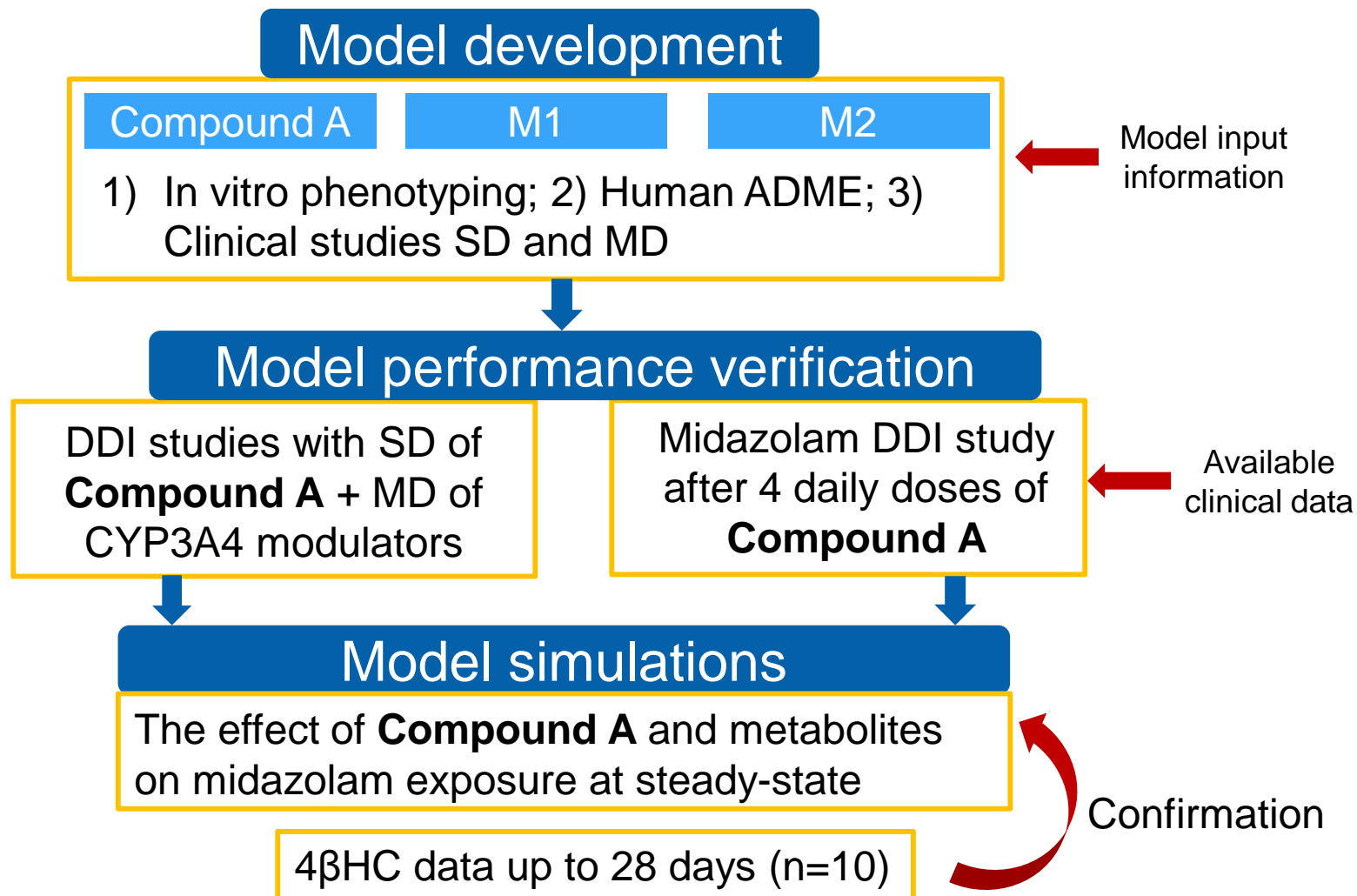
# Compound A



Complex *in vitro* DDI properties: CYP3A4 substrate, mixed time-dependent inhibition, reversible inhibition and induction of CYP3A

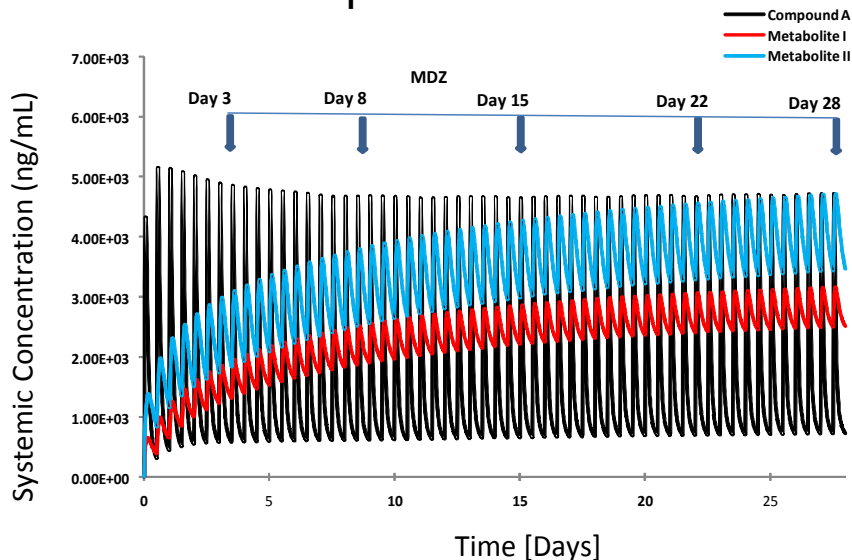
**Question: What is the net effect of parent + metabolites on midazolam exposure at steady-state in patients?**

# An integrated PBPK approach

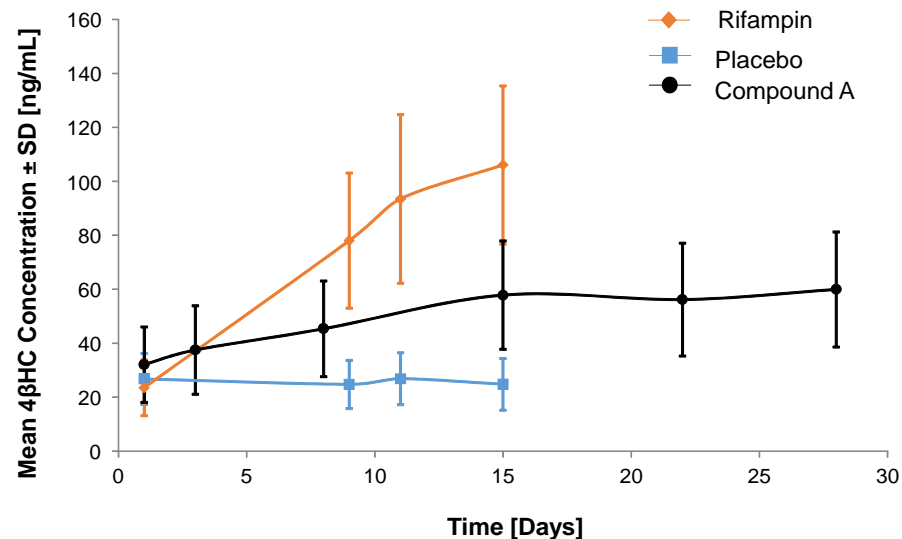


# Assessment of net effect

## Simulated PK profiles



## Time course of plasma 4βHC



Time [Days]	3	8	15	22	28
Predicted midazolam AUC GMR	0.84	0.60	0.55	0.54	<b>0.54</b>
Median Plasma 4βHC ratio relative to baseline (n=10)	1.2	1.4	1.8	1.9	<b>1.8</b>

Best case = weak induction (FDA, 2012)

Worst case = moderate induction (Mangold et al 2016)

Limitation of 4βHC to differentiate weak and moderate induction given the complexity of TDI/induction by parent + metabolites

# Compound A conclusions

- PBPK model predicted a weak induction of CYP3A (best case scenario).
- Inducer classification based on model predicted 4 $\beta$ HC changes classified Compound A as moderate CYP3A inducer (worst case scenario).
- An integrated approach increased our confidence in DDI predictions.

# Compound B: available data

- *In vitro* studies

- CYP3A4-mediated metabolism
- Weak CYP3A4 inducer

- Clinical PK and DDI studies

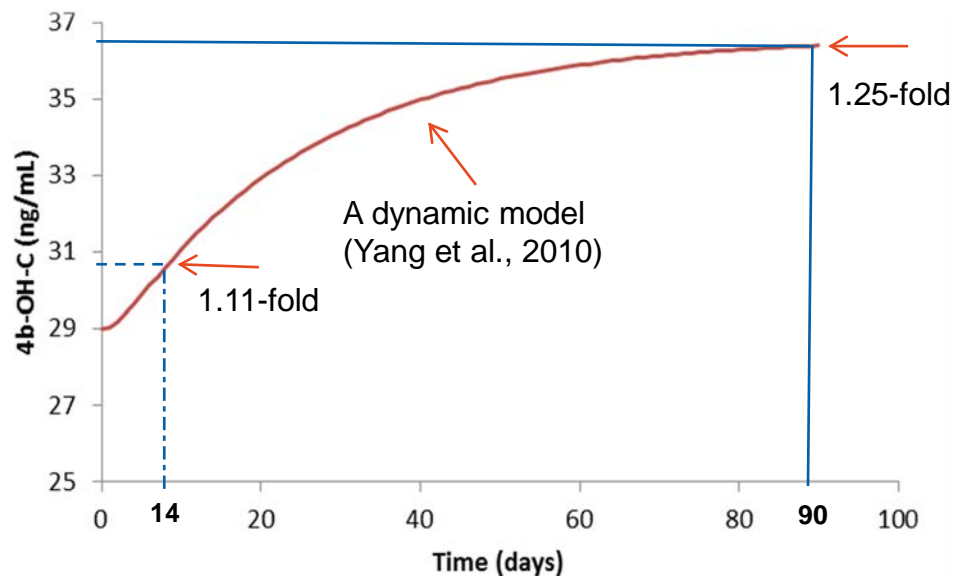
- Study with itraconazole: fmCYP3A4 of ~0.8
- Long  $t_{1/2}$  (~160 hr); 28 days to steady-state
- Plasma 4 $\beta$ HC levels (multiple ascending dosing, 90 days)

**Question: Is it possible to determine the CYP3A4 induction potential clinically using 4 $\beta$ HC data from FIH study?**

# Method

Application of plasma 4βHC data

PBPK model



Bottom-up approach using in vitro EC<sub>50</sub> predicted midazolam AUC GMR of 1



Top-down approach used to calculate optimized EC<sub>50</sub> (~13-fold reduction)



Optimized PBPK model predicted that **Compound B** would result in midazolam **AUC GMR of 0.66 (weak)**



Days	Regulatory CYP3A inducer classification based on model-predicted 4βHC increase (MDZ AUC GMR)		
	Mechanism-based PK/PD (Leil et al., 2014)	E <sub>max</sub> -I <sub>max</sub> (Mangold et al., 2016)	Population PK/PD (Jiang et al., 2016)
90	Moderate	Weak	Moderate
14	<b>Weak (0.62)</b>	<b>Weak (0.79)</b>	<b>Weak</b>

# Compound B conclusions

- PBPK model predicted MDZ AUC ratio of 0.66 (weak)
- The prediction was confirmed by biomarker data quantitatively.
- Compound B advanced to POC testing without the need of midazolam DDI study.
- Is it important to measure 4 $\beta$ HC levels at late time point (after 2-week) for compounds with long  $t_{1/2}$  to capture PK steady state of perpetrator as well as 4 $\beta$ HC?



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